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Healthy Heart

heart, cholesterol, blood pressure

Formulated by using the latest research and clinical evidence. It may assist in maintaining healthy cholesterol levels, lower blood pressure, reduce inflammation,

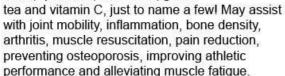


control triglycerides and give you that natural inner glow. Contains naturally occurring antioxidants, omega 3 EPA & DHA and high in starch resistant insoluble fibre can help protect your heart.

Ultra Bone and Joint

natural bone, joint & muscle

Ultra Bone and Joint's unique combination of natural ingredients like omega 3 & 6, essential fatty acids, quercetin, bromelain, green



Super Detox

clense your body naturally

Super Detox gives you a daily kickstart of health, vitality and energy. It helps cleanse and repair your body, and sets you up for the busy day ahead. A great way to help with digestion & bloating and weight loss program.





Suitable for the whole family, Dr Phil's products are whole-food based which means all ingredients are obtained from whole food sources with no addition of synthetic vitamins, fillers or additives.

Where we can we source organic Australian grown ingredients and each batch is tested to ensure it contains the optimum blend of essentials nutrients.

They can be safely taken while on medication or during pregnancy as all ingredients are naturally food derived

All of our powders are compatible so they can be mixed together if several formulations are required and are quick and easy to prepare.

Dr Phil Sheldon

























Discover the Australian difference

- √ 100% Australian
- √ 100% Natural
- √ 100% Effective
- √ 100% FOOD

Suitable for the whole family!





Boost

essential nutrition for a healthy body

Contains over 38 natural superfood ingredients giving you over 200 vitamins, minerals, antioxidants and amino acids. Has unique



ingredients such as turmeric, cinnamon, grapeseed and more! Can be great for anti-aging, immune boosting, detoxing, acid/alkali balance, reducing free radical damage, energy, cognitive function.

Protein Plus

rebuild and replenish

ProteinPlus is a premium blend of natural whey protein isolate plus the power of super food vegetable proteins Acai Berry and Chia Seeds,



calcium caseinate, chromium picolinate, selenium and on top of that, we've incorporated full spectrum amino acids, essential vitamins and vital minerals.

Stress Relief

naturally relaxes and calms

Designed to nourish your nervous system and provide your body with the very best nutrients to support your emotional health and wellbeing. Has lactium, clinically



proven to assist with stress, 24 all natural foods to nourish the central nervous system. Can be great for relief of stress & anxiety, lethargy sleeplessness and tiredness.

NRG2GO for Kids

essential nutrition for healthy kids

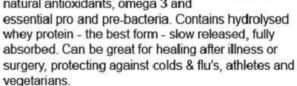
Optimal Essentials NRG2GO kids is a natural, delicious, healthy drink, just for kids. Easy to make - delicious as a milkshake, fruit smoothie or even sprinkled on cereal or yoghurt. NO artificial flavours, colours, preservatives or sugar. Full of vitamins, minerals, antioxidants, fibre, pre and probiotics and lutein for healthy growing eyes and brains. NRG2GO kids is great to make sure they are getting all the essential nutrients - contains over 30% children's RDI (recommended daily intake).

Delicious Chocolate and Vanilla flavours.

Energy Plus Recovery

immune support and recovery

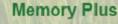
A natural protein and antioxidant formula to keep your immune system in top condition as well as aiding with recovery. Full of natural antioxidants, omega 3 and



Fibre Digest

natural digestive support

Contains essential pre and probiotics to restore balance, as well as four types of soluble and insoluble fi bre, essential amino acids, folic acid and magnesium to help repair gut damage and reduce inflammation. Can be great for irritable bowel, indigestion, detoxing/cleansing, reflux, constipation, increasing good gut bacteria, cholesterol reduction and general digestive health.



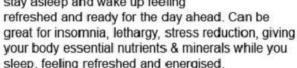
protect and nourish your brain

Naturally high in nutrients that can help protect our cognitive function and assist in preventing memory loss. With ingredients like phosphatidylserine (clinically proven to help memory response), B group vitamins, omega 3, antioxidants and more, it's the only product available on the market with a complete level of nutrition designed to



helps you sleep naturally

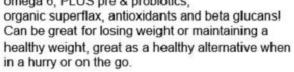
Sleep & Revive is a blend of natural vitamins, minerals, antioxidants, amino acids and omega 3 all designed to help you fall asleep, stay asleep and wake up feeling





natural meal replacement program

Give yourself a 100% natural meal replacement shake instead of a glass of chemicals! Healthy Weight is high in protein & fibre, low in carbohydrates. Every serve has 15 vitamins, 10 minerals, amino acids, Life's DHA (natural omega 3), omega 6, PLUS pre & probiotics,



100% NATURAL meal replacement program. NO added sugar - suitable for diabetics.



