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Dr. Phil Sheldon's
optimalessentials
a fusion of science and nature



Ultra Bone & Joint

Natural bone, joint & muscle Superfood



Price : HK\$560.00



Nutritional Information

Ingredients	Per 8g Serve	Per 100g
Energy	69kj	100g
Protein	0.8g	10.1g
Fat, total - saturated	0.2g 0.0g	2.4g 0.3g
Carbohydrate - sugars (naturally occurring)	3.0g 0.7g	38.2g 8.6g
Sodium	5mg	67mg

Naturally relaxes and calms

Ultra Bone & Joint contains high quality and sustainable, nourishing, natural anti-inflammatory nutrients to help aid the body's natural healing process, protect and promote bone, joint, tendon, & ligament health. Great for muscle recovery, boosting athletic performance and naturally enhancing skin, hair, and nails.

Why you'll love it:

- Packed with nutrient dense superfoods that nourishes aching joints and muscles
- Helps repair muscle damage and helps relieve restless leg syndrome.
- Nourishes, supports and relieves bloating and indigestion
- Contains Glucosamine HCL (vegan), Methylsulfonylmethane (MSM), amino acids, calcium magnesium and Omega 3 & 6.
- Contains natural anti-oxidants & anti-inflammatory superfoods (quercetin, bromelain, baobab, vitamin C and turmeric).
- Suitable for VEGANS

We use a combination of certified organic and organically-grown ingredients.

Ingredients:

Glucosamine HCL (vegan), Organic Baobab, Organic Green Banana (Resistant Starch), Organic Flaxseed, Organic Broccoli, Organic Atlantic Kelp, Organic Diatomaceous Earth, Organic Inulin, Organic Matcha, Organic Stevia, Organic Chlorella, Green Apple, Organic Ginger, Organic Turmeric.



NO!

- NO!** Synthetic chemicals
- NO!** Artificial colours, flavours or preservatives
- NO!** Sugar fructose/sucrose/dextrose
- NO!** Testing on animals (only relatives)
- NO!** Gluten or lactose
- NO!** GMO
- YES!** 100% natural real food ingredients

HOW TO USE:

Mix 1 teaspoon(5-8g) in half glass water once daily in the morning. Stir well or blend in our blender shaker for a smoother mix. All our products can be safely combined or added to your favourite smoothie recipe.

Bake: You can add it to cookies, muffins, brownies, energy bars or protein balls.