



HK Distributor :
Holistic Solutions Limited (尚盈方有限公司)

Unit 2302 New World Tower 1
 18 Queen's Road Central, Hong Kong
 Website : holisticsolutionshk.com

Tel: (852)26607638
 Whatsapp: (852)93869048
 Email : holisticsolutions2015@gmail.com

Dr. Phil Sheldon's
optimalessentials
 a fusion of science and nature



Memory Plus

Protect and nourish your brain



Price : HK\$560.00



Nutritional Information

Ingredients	Per 8g Serve	Per 100g
Energy	107kJ	1340kJ
Protein	1.8g	22.5g
Fat, total - saturated	0.8g 0.2g	10g 2.3g
Carbohydrate - sugars (naturally occurring)	2.4g 1.2g	30.5g 15.2g
Sodium	19mg	235mg

Protect and nourish your brain

What you eat plays a vital role in brain function and hormones and memory. Our new Memory Plus is the perfect blend of ingredients that may help increase oxygen and circulation to the brain which can increase your mental performance, promote a positive mood, fight mental fatigue, combat stress, and stay alert and focused on your most important tasks - perfect for students, busy parents and during times of emotional stress.

Why you'll love it:

- Contains clinically proven ingredients and nutrients such as Phosphatidylserine (PS), lecithin, spinach, spirulina, etc to keep your brain nutritionally nurtured and supported, thus help with memory response
- Can help protect our cognitive function and assist in preventing memory loss
- Better Memory, focus and clarity
- Help with mental stress and promote positive mood
- High in antioxidants, omega 3, vitamins (including B group vitamins)

We use a combination of certified organic and organically-grown ingredients.

Ingredients:

Walnut Meal, Pumpkin Seed Meal, Organic Coconut Oil Powder, Organic Cacao, Organic Blueberry, Organic Sunflower, Lecithin, Organic Kale, Organic Broccoli, Organic Alfalfa Grass, Organic Spinach, Organic Beetroot, Organic Blueberry Flavour, Organic Turmeric, Organic Spirulina, Organic Rosemary, Organic Black Pepper



NO!

- NO!** Synthetic chemicals
- NO!** Artificial colours, flavours or preservatives
- NO!** Sugar fructose/sucrose/dextrose
- NO!** Testing on animals (only relatives)
- NO!** Gluten or lactose
- NO!** GMO
- YES!** 100% natural real food ingredients

HOW TO USE:

Mix 1 teaspoon(5-8g) in half glass water once daily in the morning.

Stir well or blend in our blender shaker for a smoother mix.

All our products can be safely combined or added to your favourite smoothie recipe.

Bake: You can add it to cookies, muffins, brownies, energy bars or protein balls.