



HK Distributor :
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Fibre Digest

Natural digestive support



Price : HK\$560.00



Nutritional Information

Ingredients	Per 8g Serve	Per 100g
Energy	72kj	905kj
Protein	0.8g	10.4g
Fat, total - saturated	0.4g 0.1g	4.8g 1.2g
Carbohydrate - sugars (naturally occurring)	2.4g 0.2g	30.2g 4.5g
Sodium	13mg	166mg

Natural Digestive Support

A powerful combination of pre and probiotics, starch resistant insoluble fibres needed for optimal digestion and absorption for a healthy gut and a feeling of wellbeing.

Fibre Digest is cleansing, purifying and alkalisng. Ideal for all digestive issues such as IBS, bloating, irregularity, indigestion, or a feeling of fullness after eating.

Why you'll love it:

- *Great for IBS, indigestion and reflux*
- *Contains 5 billion pro-biotics (heat and stomach acid protected)*
- *Has pre-biotics (three forms of starch resistant insoluble fibre) to help increase good gut bacteria*
- *Helps with all forms of digestive problems*

We use a combination of certified organic and organically-grown ingredients.

Ingredients:

Organic Psyllium Husk, Hemp Seed Bran, Organic Slippery Elm, Organic Peppermint Leaf, Organic Inulin, Organic Baobab, Organic Stevia Leaf, Organic Aloe Vera, Organic Aniseed, Organic Fennel, Organic Fenugreek, Organic Star Anise, Organic Ginger, Organic Turmeric, Organic Chlorella



NO!

- NO!** Synthetic chemicals
- NO!** Artificial colours, flavours or preservatives
- NO!** Sugar fructose/sucrose/dextrose
- NO!** Testing on animals (only relatives)
- NO!** Gluten or lactose
- NO!** GMO
- YES!** 100% natural real food ingredients

HOW TO USE:

Mix 1 teaspoon(5-8g) in half glass water once daily in the morning. Stir well or blend in our blender shaker for a smoother mix.

All our products can be safely combined or added to your favourite smoothie recipe.

Can also be added to yoghurt, cereal, porridge, energy bars or baked in muffins & cookies.

Bake: You can add it to cookies, muffins, brownies, energy bars or protein balls